

Benefit Cap?

What is it?

The Benefit Cap is a limit on the total amount of benefits certain families and single people can receive.

If affected then your Housing Benefit / Universal Credit award can be reduced.

Please read this leaflet to find out if you are likely to be affected and what your options are.

Working?

You are not affected by the Benefit Cap if:

- ◆ **You are earning £722+ a month, or**
- ◆ **For 9 months after finishing work if your earnings had been above this for the previous 12 months - called the 'grace period'.**

Claiming certain benefits?

You are not affected by the Benefit Cap if you receive certain benefits including:

- ◆ **Personal Independence Payment**
- ◆ **Adult Disability Payment**
- ◆ **Armed Forces Independence Payment**
- ◆ **Universal Credit that includes the LCWRA Element**
- ◆ **Carer's Allowance / Carer Element in Universal Credit**
- ◆ **Industrial Injuries Benefits**
- ◆ **War Disablement Pensions**
- ◆ **War Widow / Widowers benefits**
- ◆ **Guardian's Allowance.**

